Skin Wounds and Skin Infections Study Guide 3.15

***Directions: Name the Skin Wound for #’s 1-7.***

1. Flesh completely ripped from its source
2. Skin scrapped against a rough surface
3. A blow compresses or crushes the skin surface and produces bleeding under the skin
4. Skin that has been sharply cut
5. Continuous rubbing over the surface of the skin causes a collection of fluid
6. Penetration of skin by a sharp object
7. Flesh irregularly torn
8. What are the signs of infection?
9. When tending to a wound, one should?
10. Skin abrasions are usually more painful than a deeper cut, such as a laceration, because the scraping of the skin exposes millions of nerve endings.
    1. True
    2. False
11. For cleaning a laceration, one may use alcohol, iodine, or peroxide as it results in a faster healing process.
    1. True
    2. False
12. Bruising and swelling are normal at the site of a laceration.
    1. True
    2. False
13. Which does not apply to using stitches?
    1. They help to stop bleeding
    2. They reduce scarring
    3. They reduce the chance of infection
    4. Only B and C are true of using stitches
    5. All of the above are true of using stitches
14. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ are special adhesive bandages that can sometimes be used on shallow wounds instead of stitches.
15. When a flap of skin remains connected to the wound, one should?
16. What is Ecchymosis?
17. Name one way to prevent a blister is?
18. Skin infections occur when there are breaks in the skin and the organisms have uncontrolled growth.
    1. True b. False
19. Which skin infection cannot be cured, but can be treated?
20. Antibiotics for bacteria will not improve fungal or viral infections.
    1. True b. False
21. What are the signs of MRSA?
22. Prevention of MRSA include?
23. If you think you have an infection, you should do all of the following EXCEPT
    1. Attempt to treat it yourself
    2. Contact a physician
    3. Wash your hands
    4. Cover the affected skin or area
    5. Both A and D
24. MRSA can only be diagnosed through a blood test.
    1. True b. False
25. An eruption of small vesicles and/or pustules that rupture to form honey-colored crust is probably what skin infection?
26. A lesion or sore that appears with eight days of exposure and appears as a cluster of blisters is probably
    1. Impetigo
    2. MRSA
    3. Herpes Gladitorium
    4. Ringworm
27. Ringworm is not contagious but should be covered for all athletic activity.
    1. True b. False
28. Cauliflower Ear can be easily prevented by wearing appropriate?
29. Herpes Gladitorium is commonly called?
30. Bar soap should be readily available and provided in the locker rooms over liquid soap.
    1. True b. False
31. For wrestling, both sides of the mats should be cleaned thoroughly before and after each use for practices and meets.
    1. True b. False
32. When using disinfectants, those that are registered and regulated by the EPA should be used.
    1. True b. False
33. How can Athletic Trainers prevent infection?
34. What is the most common solution (product) used for debridement or cleansing of a wound?
35. Why do we cover wounds?
36. What is an occlusive dressing?