**SPORTS MEDICINE MIDTERM REVIEW**

*Use your previous study guides from the following lectures:*

***Introduction to Athletic Training (Ch. 1&2)***

* Sports Medicine Team
	+ Name the 4 People:
* Title IX
	+ What year was it established?
	+ What does it state?
* History & Development of Athletic Training
	+ Who published the first textbook and in what year was it published?
* What organization considered athletic training to be an allied health profession? What year?
* Requirements of Certification

1.

2.

3.

* Purpose of Certification Exam
* EAP
	+ What does EAP stand for?
* NATA
	+ What year was it established?
	+ What does the NATA do?
* NATABOC
	+ What does the BOC do?
* Support Personnel: List 4

***BloodBorne Pathogens***

* What are BBPs? How are BBPs transmitted? How are they not transmitted?
* What is Hepatitis B and HIV?
* What are universal precautions? Why are they important? Give some examples. What is OSHA?
* What are PPEs and why are they important? Give some examples.
* What are the decontamination and sterilization procedures?
* How is medical waste regulated and disposed of?
* What should you do if you are exposed to blood or bloodborne pathogens?

Skin Wounds: Unit 3

1. Flesh completely ripped from its source
2. Skin scrapped against a rough surface
3. A blow compresses or crushes the skin surface and produces bleeding under the skin
4. Skin that has been sharply cut
5. Continuous rubbing over the surface of the skin causes a collection of fluid
6. Penetration of skin by a sharp object
7. Flesh irregularly torn
8. What are the signs of infection?
9. When tending to a wound, one should?

***Shock (Ch. 15)***

* List the characteristics of shock.
* List 3 signs/symptoms, and treatment for shock.
* What is used to treat anaphylactic shock?
* Describe the types of bleeding:
	+ Arterial:
	+ Venous:
	+ Capillary:
* Describe the types of shock:
	+ hemorrhagic:
	+ septic:
	+ metabolic:
	+ neurogenic:
	+ Cardiogenic:
	+ Respiratory:
	+ Anaphylactic:
	+ Psychogenic: