**SPORTS MEDICINE MIDTERM REVIEW**

*Use your previous study guides from the following lectures:*

***Introduction to Athletic Training (Ch. 1&2)***

* Sports Medicine Team
  + Name the 4 People:
* Title IX
  + What year was it established?
  + What does it state?
* History & Development of Athletic Training
  + Who published the first textbook and in what year was it published?
* What organization considered athletic training to be an allied health profession? What year?
* Requirements of Certification

1.

2.

3.

* Purpose of Certification Exam
* EAP
  + What does EAP stand for?
* NATA
  + What year was it established?
  + What does the NATA do?
* NATABOC
  + What does the BOC do?
* Support Personnel: List 4

***BloodBorne Pathogens***

* What are BBPs? How are BBPs transmitted? How are they not transmitted?
* What is Hepatitis B and HIV?
* What are universal precautions? Why are they important? Give some examples. What is OSHA?
* What are PPEs and why are they important? Give some examples.
* What are the decontamination and sterilization procedures?
* How is medical waste regulated and disposed of?
* What should you do if you are exposed to blood or bloodborne pathogens?

Skin Wounds: Unit 3

1. Flesh completely ripped from its source
2. Skin scrapped against a rough surface
3. A blow compresses or crushes the skin surface and produces bleeding under the skin
4. Skin that has been sharply cut
5. Continuous rubbing over the surface of the skin causes a collection of fluid
6. Penetration of skin by a sharp object
7. Flesh irregularly torn
8. What are the signs of infection?
9. When tending to a wound, one should?

***Shock (Ch. 15)***

* List the characteristics of shock.
* List 3 signs/symptoms, and treatment for shock.
* What is used to treat anaphylactic shock?
* Describe the types of bleeding:
  + Arterial:
  + Venous:
  + Capillary:
* Describe the types of shock:
  + hemorrhagic:
  + septic:
  + metabolic:
  + neurogenic:
  + Cardiogenic:
  + Respiratory:
  + Anaphylactic:
  + Psychogenic: