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| **Condition** | **Description**Heat Illnesses and Cold Stress | **Treatment** |
| Dehydration |  |  |
| Sunburn |  |  |
| Heat Cramps  |  |  |
| Heat Syncope  |  |  |
| Heat Exhaustion  |  |  |
| Heatstroke  |  |  |
| Respiration |  |  |
| **Condition**  | **Description**   | **Treatment** |
| Evaporation |  |  |
| Conduction |  |  |
| Radiation  |  |  |
| Convection |  |  |
| Hypothermia  |  |  |
| Frostbite |  |  |