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| **Condition** | **Description**  Heat Illnesses and Cold Stress | **Treatment** |
| Dehydration |  |  |
| Sunburn |  |  |
| Heat Cramps |  |  |
| Heat Syncope |  |  |
| Heat Exhaustion |  |  |
| Heatstroke |  |  |
| Respiration |  |  |
| **Condition** | **Description** | **Treatment** |
| Evaporation |  |  |
| Conduction |  |  |
| Radiation |  |  |
| Convection |  |  |
| Hypothermia |  |  |
| Frostbite |  |  |